# DEPARTMENT OF EDUCATION MENTORING REPORT



Academic Year:2023-24

Semester: Even Semester

The mentoring program for the even semester students in the Department of Education focused on providing comprehensive support to address academic, personal, and career-related concerns.

The Department has organized the mentoring programme with the objective to enhance students' academic performance through personalized guidance. The programme also aimed at addressing the personal challenges such as stress, anxiety, and adjustment issues and also to prepare students for professional and competitive professional opportunities Issues Raised by Students and Resolutions Provided.

# 1. Academic Challenges

#### Issues Raised:

- > Struggles with complex topics and course requirements.
- > Difficulty in completing assignments on time.

## Resolutions:

- ✓ Mentors have conducted additional tutorials and remedial classes.
- ✓ Subject teacher shared curated resources like notes, study materials and a talk on how to write an effective assignment.

# 2. Personal and Emotional Well-being

#### Issues Raised:

- Stress and anxiety due to academic pressure.
- Adjustment issues for students in new environments.

## Resolutions:

- ✓ A talk on stress management has been given by mentor in the classroom.
- ✓ A one-on-one counseling has been provided to address individual concerns.
- ✓ Mentors used to encourage participation in extracurricular activities for relaxation and socialization.

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#### 3. Career Concerns

#### Issues Raised:

- Lack of clarity about career paths post-graduation.
- Need for preparation for competitive exams.

#### Resolutions:

- ✓ Mentors had a talk on career counseling and how to face interview.
- ✓ Encouraged them to attend different career related programmes.

# 4. Time Management

# Issues Raised:

Difficulty in balancing academic and personal responsibilities.

#### Resolutions:

✓ Mentors have helped students create personalized time management plans.

## Conclusion:

The mentoring program for the even semester successfully addressed the concerns of students, providing them with the necessary academic, emotional, and professional support. The Department of Education remains committed to enhancing the mentoring experience to ensure holistic development for all students.

## Name of mentors:

Dr Om Prakash Khadka

Smt. Chonje Ch Marak

Smt. Preityna N. Marak

Smt. Reviewlet Kharumnuid

Smt. Synchi Ch Marak

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